

SUPPLEMENTARY EXERCISES UNIT 4

1- Complete the text below with the following set of words:

diet - risk – brimming – recommend – portions – benefits – healthy – variety – such – frozen

Fruit and vegetables are **brimming** with fiber, plus a whole range of vitamins and minerals, and because they are low in calories, they make an important and **healthy** addition to your **diet** .

Scientific studies have shown that people who eat a lot of fruit and vegetables may have a lower **risk** of getting illnesses, **such** as heart diseases and some cancers. For this reason, health authorities **recommend** that you eat at least five **portions** of fruit and vegetables every day – and it doesn't matter whether they are fresh, tinned, **frozen** cooked, juiced or dried.

To get the best health **benefits** your 5 DAY portions should include a combination of a **variety** of fruit and vegetables.

2- Put the bracketed words in the right tense or form and circle the right alternative:

If we only bought things we needed, there (**be**) **would be** enough for everybody. What do we need? What you need depends (**in - on – at**) how old you are and your way of life. If we don't need to buy so much, we don't need to work so much. We can take part-time jobs or reduce our working hours from 8 hours to 6 hours. Some people are leaving very (**good**) **well-paid** jobs to live a (**health**) **healthy** life in the countryside or a more (**excite**) **exciting** life abroad. Parents can spend (**much**) **more** time with their children and the (**not employed**) **unemployed** are given more opportunities to work.

If we start to respect saving the earth more than (**spend**) **spending** money, we (**become**) **will become** 'conservers'. When we are conservers, we try to choose (**environment**) **environmentally** - friendly products (**who – which – what**) are durable and last a long time. We may find growing our own vegetables or making our own clothes more rewarding than (**buy**) **buying** them.

3- Put the bracketed words in the right form or tense:

New inventions have been (**continue**) **continually** developed to improve our way of life. Such developments (**call**) **are called** technological advances. Technological advances help us, but many of them also bring harm to the environment. The automobile engine is an example of a very (**use**) **useful** technological development that harms the environment. Through the years, automobiles (**make**) **have been made** more and more (**power**) **powerful** . Many cars being built today have two to three times as much power as most cars (**build**) **built** during the 1940s. Because of this, the new cars produce more (**pollute**) **polluting** exhaust than the older ones did.

4-Fill in the blanks with the set below:

plentiful – flooded – warming – starvation – diseases – enough – rising – habitats – bears

The harmful effects of global **warming** on daily life are already showing up, and within a couple of decades hundreds of millions of people won't have **enough** water, top scientists will say next month at a meeting in Belgium.

At the same time, tens of millions of others will be **flooded** out of their homes each year as the earth reels from **rising** temperatures and sea levels, according to portions of a draft of international scientific report obtained by the Associated Press.

Tropical **diseases** like malaria will spread. By 2050, polar **bears** will mostly be found in zoos, their **habitats** are gone. Pests like fire ants will thrive.

For a time, food will be **plentiful** because of the longer growing season in northern regions. But by 2080, hundreds of millions of people could face **starvation** according to the report, which is still being revised.

5- Complete the letter below with the missing words:

advertised – as – convenient – shorthand – application – diploma – apply – speed – available – passed – educated – forward – favorably

Dear Sir,

I would like to **apply** for the post of secretary **advertised** in the Evening Standard of October 3rd. I am 24 years old and was **educated** at the West London Comprehensive school where I **passed** the "O" and "A" levels. I have also obtained my secretarial **diploma** from the Star Secretarial College. My typing **speed** is 40 words per minute and my **shorthand** speed is 100 words per minute.

For the last two years, I worked **as** the personal secretary to the Managing Director of Millways Toys Ltd. If my **application** is considered **favorably** I would be **available** for an interview at any time that is **convenient** to you., Looking **forward** to a quick reply.

Yours faithfully,

Jane Hills

6- Fill the blanks with the missing words:

rushing – annoyed – worth – noisy – rather – depressing – friendly – pollution – unexciting

Many country people dislike city life and find it quite **depressing** According to them, city dwellers are always **rushing** past in a hurry and are not very **friendly** . Whenever they visit the city, they get **annoyed** with the **pollution** of the air and the **noisy** streets. So, they had **rather** get back to their quiet **unexciting** life in the country. They think the city is not **worth** visiting.

7- Complete with the missing words:

give - concerned – aware – succeeded – campaigns – cause – harmful – advertising –
inhaled – ban - faster

Action on Smoking and Health (ASH) exists in order to make the public more **aware** of the dangers of smoking. It tries to make people **give** up the habit by organizing anti-smoking **campaign** and it is especially **concerned** with limiting cigarette **advertising** . So far, it has **succeeded** in persuading the Government to **ban** cigarette advertising on television.

Smoking can **cause** cancer, bronchitis and heart disease. The nicotine **inhaled** from cigarettes makes the heart beat **faster** and makes the arteries contract. Although these **harmful** effects are well known, people continue to smoke. Some people carry on even after having a heart attack or having a leg amputated.

8- Express these sentences differently:

1-It isn't necessary that you lock the door.

You needn't **lock the door** .

2- I'm almost certain that I've left my keys upstairs.

I must **have left my keys upstairs** .

3- They didn't call the doctor although it would have been advisable.

They should **have called the doctor** .

4- It isn't possible for him to have finished his essay already.

He can't **have finished his essay**.

5- The best thing would be to apologize.

You had **to apologize** .

9- Choose the right alternative:

1- Instead of coming home early after school yesterday, she went to the cinema. She **should have come** home. (**must have come** – **should have come** – **would have come**)

2- It's sure to rain later, so I think you an umbrella with you.

(**ought to take** – ~~must have taken~~ – ~~needn't take~~)

3- John this letter himself as he doesn't know a word of Arabic.

(~~could have written~~ – ~~should have written~~ – **can't have written**)

4- We had a plan of the town, so where the station was.

(~~mustn't ask~~ – ~~should have asked~~ – **didn't need to ask**)

5- Why did you let David borrow my bicycle? You that!

(**can't have done** – ~~couldn't have done~~ – **shouldn't have done**)

10- Express these sentences differently:

1- I don't know your friend, so I don't speak to her.

If I **had known your friend , I would have talked to her.**

2- She didn't have any flour, so didn't make any cakes.

If she **had flour, she would make cakes.**

3- They can't go to the cinema as they have no one to look after their baby.

If **they have someone to look after their body they will go to the cinema**

4- The weather wasn't warm enough, so They didn't go swimming.

If **the weather was warm enough , they would go swimming .**

5- He can't play football on Sundays because he has some work.

If **doesn't have any work, he can play football**

6- I won't go if I 'm not invited.

Unless **I'm invited , I won't go .**

7- We must wear warm clothes; otherwise we'll be cold.

Unless **we wear warm clothes , we will be cold.**

8- What a noise those people make!

How **noisy those people are.**

9- I have finished my homework. My friends have finished, too.

I have finished my homework, so **as my friends.**

10- John doesn't like maths. Jane doesn't like maths, either.

John doesn't like maths. Nor **does Jane .**

11- Nawal is a popular athlete. Several newspapers have published articles about her.

Nawal is such **a popular athlete that several newspapers have published articles about her.**

12- Although he had injured his knee, he played till the end.

Despite **injuring his knee, he played till the end .**

13- She was away from school for a month. She got good marks.

In spite of **being away from school , she got good marks.**

13- He wrote an essay yesterday. He read a book, too.

Not only **did he write an essay, but also he read a book**

14- If you don't shut the window, the rain will come in.

Unless **you shut the window, the rain will come in**

15- He is very strict. All his pupils are frightened of him.

He is so **strict that his friends are frightened of him**

16- I got to the cinema early. I wanted to have a good seat.

I got to the cinema early so **that I can have a good seat**